



PeaceLove
Foundation

**Make stuff.
Feel better.**



Mandala Poetry

Tues. 4/11/23 1pm-3pm

Make stuff and feel better with PeaceLove's "Mandala Poetry" workshop. Learn how to clear your mind and use mandalas to find your center. Afterwards, you'll put your experience into words through poetry.

Dual Emotions

Thurs. 4/13/23 9am-11am

Make stuff and feel better with PeaceLove's "Dual Emotions" workshop. In this workshop you'll create a piece of art that depicts a time you felt two different emotions at the same time, and how it made you feel.

Please register by Monday 4/10 by sending your name, child's name, age and school to
l.brooke-yattaw@psnri.org

**Location: PSNRI Northwest Community Center
1199 Chopmist Hill Rd., Scituate**

for more info call 401-500-5392